The Lemon Grove



Vol. 49, No. 64

Serving Lemon Grove and nearby communities

Tuesday, April 22, 1997 25¢

Tight team competition seen for Grossmont gymnastics

by Mary Rosen

Granite Hills and Valhalla in the South and West Hills and Santana in the North are the top team competitors this year to win the gymnastics titles in the Grossmont League.

Other schools have individuals who are competitive for single events or in all around.

This has been a year of change, with new coaches at many of the schools. El Cajon Valley did not field a team since it was unable to get a coach.

South League **Granite Hills**

Gary Moore is the senior coach within the league, having been with the Eagles since 1986. Granite Hills is the defending North champ and is aiming at retaining its title and, possibly, win the CIF crown.

Moore felt that April Radovich, who is strongest on vault and floor events and competes in the optional category, and newcomer Brook Wright, who competes at the compulsory level, are the teams outstanding competitors. With his entire team returning plus Wright, Moore is confident his team will do well.

Valhalla

One of the new coaches is Shelly Principato with the Norsemen, who feels that this year's team will be very competitive with Granite Hills. In recent meets, the team's scores were within one or two points of each other.

Principato said that she noted last year, as a judge, that the team had a lot of "diamonds in the rough.'

Coming to a team which she said had almost been selfcoached, the new coach was able to obtain some needed equipment which has helped make the team a contender.

She said that her best competitors were optionals soph Jessica Snead, a level nine performer whom she described as phenomenal, and frosh compulsory Elise Kerrigan.

Mount Miguel

Matadors coach Felix Merced started coaching at the school in 1992.

He is not looking for any team titles this season with a middle of pack finish, but feels that it may be stronger in CIF with Laura Santana on uneven parallel bars and Amber Pope on the balance beam and floor.

All CIF Teams

(East County high schools in bold)

WATER POLO Division I

1st Team: Player of Year Matt Hausmann, Mike Hausmann, Trevor Spence (Valhalla), Robert Tilburg (Poway), Bryce Felloney (Mount Carmel), Cory Thompson (Fallbrook), Scott Gallic (Monte Vista).

2nd Team: Adam Winspear, Justin Sumner (Mount Carmel), Kyle Ashley (Poway), Shawn Erickson (Fallbrook), Gavin Glauser (Monte Vista), Keith Kubischta (Bonita Vista), John Chionis (Valhalla).

Division II

1st Team: Player of Year Brady Beaubien, Ryan Vienna (Coronado). Ryan Gittins, Jamie Gove, Adam Thompson (Grossmont), Gary Murphey, Gre-

sham Bayne (La Jolla).

2nd Team: Scott Bixby (Bishops), John Chavez (University), Sean Vienna, Andrew Levacy (Coronado), Tom Pace (Santana), Mike Clegg (El Capitan), Brett Adolph (Grossmont).

BOYS BASKETBALL Division I

Team: Rancho Buena Vista

1st Team: Player of Year Jamahl Mosley (Rancho Buena Vista), Richard Hardwick (Chula Vista), Jaiger Allen (Point Loma), Jorge Salazar (Bonita Vista), Brad Zollinger (Helix).

2nd Team: Rei Vivera (Rancho Bernardo), Travone Steele (Morse), Sam

Higgins (Torrey Pines), Ty Sager (Valhalla), Jake McNeely (Poway).

Division II

Team: El Camino

1st Team: Player of Year Joe Eyres, Henry La Lane (El Camino), Travis Bray (Oceanside), Alfred Enriquez (West Hills), Morgan Lingle (Ramona).

2nd Team: Vincent Okotie (Grossmont), Charles Butcher (Scripps Ranch), Gene Harris (Ramona), Jacob Leonard (Hilltop), Aaron Colon (El

Division V: Ken Bertaux (1st team), Todd Brown (2nd Team) - Christian.

GIRLS BASKETBALL Division II

Team: Santana

1st Team: Player of the Year Paige Sutton (Santana), Stephanie Kinderich, Kendra Rhea (El Capitan), Shanta Coleman (Montgomery), Latoya Bristow

2nd Team: Stephanie Hughes (Escondido), Cori Kimzey (Santana), Rachel Fikse (Escondido), Kehaulani Galeai (Oceanside), Alain Hutchison (Mont-

Division V: Alyssa Frederick, Tracey Epps (1st team), Sara Kidd, Jen

Miskulin (2nd team) - Christian.

Jennifer Halloran of Helix (above) shows her agility as she does a back flip on the balance beam, Santana's Jennifer Taylor's dismount from the uneven parallel bars (right) is

fast enough to be a blur. Photos by Marv Rosen

Monte Vista

Second only to Moore in coaching seniority is Monarchs' coach Denise Davis who has been at the Spring Valley school since 1987

Davis stated that her team does not do well because of small numbers of competitors, especially at the optional levels. This year, she has only one, frosh Lee Shaver, who is best on bars and beam.

At the compulsory level, soph Adria Ross is the defending league all around champion and Senior Sara Escalante is a strong competitor.

Helix

The Highlanders team also

Tuesday - No sports scheduled

Wednesday - Boys and girls

at Mount

Miguel, El

swimming: Granite Hills at Monte

Capitan at El Cajon Valley, Gross-

mont at Valhalla, West Hills at San-

tana. Volleyball: Grossmont at El

Capitan. Gymnastics: El Capitan,

Valhalla at Mount Miguel, Baseball

Monte Vista at Granite Hills, Mount

Miguel at Helix, El Cajon Valley at

West Hills, El Capitan at Gross-

mont. Softball: Granite Hills at

Monte Vista, Helix at Mount Miguel,

West Hills at El Cajon Valley, Gross-

track: Granite Hills at Helix, Monte

Vista at Valhalla, Santana at El

Thursday - Boys and girls

mont at El Capitan.

years of competitive gymnastics and two years of club coaching in Pennsylvania to her She thinks Helix will

has a new coach this

year. Melanie Miller

brings more than 14

finish in the middle of the league. Her top performers are soph optionals Jennifer Halloran

Pohlman, who has six years as a coach with the Cuyamaca YMCA championship teams, said that the school has not won a league title since '93 but that it is well within reach this year.

Her two top performers are probably Carrie Pohlman (coach's sister) in the optionals and Jennifer Taylor in compul-

The team's toughest competition will most likely be from



and junior compulsory Rebecca Peasley

North League West Hills

The Wolf Pack, which will be trying to add to its three straight league titles, finds its severest competition in Santana.

Marci Yarmon, who has been at the school for five years, said her team is performing well for this time of the year.

Her strongest performers are led by optional gymnasts Elizabeth Dostal on beam and Shereen Bastani on vault and bars.

She said that her top compulsory competitors are Joni Green and Tiana Araiza.

Santana

Under new coach Jennica Pohlman, Santana is one of the favorites in the South.

defending champion West Hills.

El Capitan

The Vaqueros seem to be a year away from seriously challenging either West Hills or Santana for the team title.

Third year coach Samantha Modica will gain three level 10 performers next year from the Cuyamaca Comets led by optionals Amanda Harney, and has her entire team returning.

Her two top performers appear to be Bonnie Brown, a junior who is a optional performer, and soph compulsory performer Sandra Cota.

Modica felt that when injured performers return, the team may have a shot at second place.

Note: We were unable to contact the Grossmont coach prior to publication time..

East County High Schools

Varsity Sports Schedules

(as available)

Tuesday, April 22 - Tuesday, Feb. 29

Capitan, Grossmont at El Cajon Vallev. Baseball: Mount Miguel at Monte Vista, Valhalla at Granite Hills, West Hills at Grossmont, El Monte Vista at Mount Miguel, Granite Hills at Valhalla, Grossmont at West Hills, Santana at El Cajon Valley. Gymnastics: Valhalla, West Hills at Grossmont. Golf: Grossmont vs. Santana at Willowbrook.

Friday - Boys tennis: Monte Vista at Mount Miguel, Granite Hills at Valhalla, West Hills at El Cajon Valley, Grossmont at El Capitan, Lacrosse Grossmont at Torrey Pines JV. Volleyball: El Cajon Valley at Santana.

Saturday - Volleyball: El Cajon Valley Tournament, West Hills JV Tournament. Gymnastics: Torrey Pines Tournament (unconfirmed)

Monday - Baseball: Mount Miguel at Valhalla, Monte Vista at Helix, Santana at Grossmont, El Capitan at West Hills. Softball: Valhalla at Mount M Helix at Monte Vista, Grossmont at Santana, West Hills at El Capitan.

Tuesday (4/29) - Boys Tennis: Valhalla at Mount Miguel, Helix at Monte Vista, West Hills at Grossmont, El Cajon Valley at Santana. Baseball: Helix at Valhalla, Granite Hills at Mount Miguel, Santana at El Capitan, Grossmont at El Cajon Valley. Softball: Valhalla at Helix, Mount Miguel at Granite Hills, El Capitan at Santana, El Cajon Valley at Grossmont. Gymnastics: Mount Miguel, Grossmont at Helix,. Lacrosse: Crawford at Grossmont.

View from the Lake

by Councilman Craig Lake Choking city policy or grand-standing?

In response to a request for information regarding carports. I received a memorandum from Lemon Grove City Manager Doug Yount on Feb. 27 regarding an informal "one hour or less" city policy that read, in pertinent parts, "... that staff will meet requests for information by individual council members without authority of the full council when it takes approximately one hour or less of staff time to gather the information. When requests for information require more than one hour of staff time, the issue is presented to the City Council to determine if the request is a priority issue to devote staff time to."

I conducted a survey of councilmembers clear back to the incorporation and none knew of this "one hour or less" policy. To be frank, as I generally am, I believe this policy would be an insult to the citizens of our town.

For elected officials, sworn to serve, this "one hour or less" is an unacceptable policy, because it chills a council member's ability to serve the needs of the citizens.

This council has never endorsed this policy. Past and present members of this City Council have an exceptional record in responding to their constituents rather than ignoring them. I allege that most council members would be appalled at a policy that would prohibit them from responding to a direct request for information related to a specific inquiry from a constituent.

Would a council member, for example, call the president of a P.T.S.A, and answer a direct request for information by informing the president that he or she cannot reply to the inquiry, because there is a restriction of "one hour or less" of staff time per request for information and this issue requires more effort than it warrants? I wouldn't.

I believe that each and every issue that is important enough for me to be contacted about is important enough for my time and effort in response.

I will never snub my nose at our public and declare that their issues are not a priority, therefore I won't respond. I will not elude their concerns because it must be offensive, unimportant or somehow unworthy of a responsive answer.

I requested the "one hour or less" policy be abolished by the City Council. Please call City Hall at 464-6934, come to a council meeting or call my voice mail message center at 492-0065 and voice your viewpoint. You've read mine.

For advertising rates call Dan at 461-4306

Public Notices

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The Lemon Grove Review

(USPS NO. 309-840)

Is published semiweekly by Forum Publications, Inc., 3434 Grove Street, Lemon Grove, CA 91945, Periodicals postage paid at Lemon Grove, CA 91945 POSTMASTER: PLEASE SEND ADDRESS CHANGES TO

THE LEMON GROVE REVIEW Box 127, Lemon Grove, CA 91946 • (619) 469-0101

Adjudicated a newspaper of general circulation in Superior Court of State of California in and for San Diego County. December 5, 1949.

Adjudication Number 155392. \$18 yearly in San Diego County. \$40 yearly elsewhere in U.S.A.

Steven Saint, Publisher

Assistants to the publisher:
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Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope

Material can be sent via e-mail at the following address: yscmr@adnc.com. All materials must be received by

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Only publication of an advertisement shall constitute final acceptance.

Send all correspondence to: Forum Publications, Inc., PO, Box 127, Lemon Grove, CA 91946

Lemon Grove Almanac

1994 Population: 25,100
Incorporated: 1977
Area: 3.75 sq. mi.
Median income: \$34,399
1996-97 city budget: \$26.3 million
1996 taxable sales: \$265 million
Mayor: Mary Teresa Sessom
Council: Thomas Clabby
Craig Lake
Dwight Shelley

City Manager: Doug Yount
Planning Director: Jim Butler
City Attorney: Gloria McLean
City Clerk: Christine Taub
Sheriff's Capt.: Yolanda Collins
Fire Chief: Dale Chamberlain

Congressional district:
52nd - Duncan Hunter
State Senate district:
40th - Steve Peace
State Assembly district:
77th - Steve Baldwin
Supervisorial district:
2nd - Dianne Jacob

High school:

Libraries: 1
Post offices: 1
Parks 4
Recreation centers 1

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Sheriff's Log

March 20-21, 1997

8000 blk. Alton Dr. Petty theft. \$200 value.

March 22-23, 1997

2600 blk. Nida Pl. Vehicle burglary. \$400 value.

March 25, 1997

2500 blk. Cypress. Petty theft. \$250 value. March 25-April 5, 1997

2100 blk. Locke Pl. Grand theft. \$500 value

April 2-3, 1997 3600 blk. Grove St. Grand theft. \$1.600 value.

April 3, 1997

3200 blk. Lemon Grove Ave. Commercial burglary. \$240 value.

3200 blk. L April 5, 1997

7000 blk. Broadway. Petty theft. \$18 value. 7000 blk. Broadway. Petty theft. \$380 value.

3500 blk. Grove St. Auto theft. \$1,000 value.

3500 blk. Grove St. Auto theft. \$1,000 value.

April 6, 1997

8400 blk. Broadway. Auto theft. \$700 value. 7900 blk. Broadway. Strong-arm robbery. \$350 value

April 6-7, 1997

3400 blk. Grove St. Commercial burglary. \$144 value.

B Words by Bob Burns

Material about 'old' businesses sought for 20th

On July 19, there will be a celebration (party) of our 20th birthday as an incorporated city. Among the other events that will be ongoing to highlight this mark of two decades of cityhood, this event intends to honor the old timers of our business community.

Looking over the Chamber of Commerce roster, there are not a whole bunch that have survived the business rat race for 20 years or more. But that does not include those who may not be current members of the Chamber. So, we hope to have them come forth so that they can be well noted on July 19.

The committee seemed to agree that along with the camaraderie, dancing and reminiscence, that we have on display some graphics that showed the history of the businesses in Lemon Grove – kind of a "story board" that would show by old pictures and documents, what that entity was and how it progressed over the years.

Maybe a 24" by 24" posterboard that could be displayed at the party for all to see would do. I am sure that there is plenty of material, and it would be so easy to compile. Let us say that any business that was established in our town prior to July 1, 1977 would be more than welcomed to participate. It would be – come to the party and see your business highlighted...

The committee seemed to be in consensus also, that it would not be an evening of political speeches, or necessarily an emphasis on proclamation giving. Not that the presentations are not nice or appreciated, but it was thought that a different kind of podium projection would be more appropriate

Going way back, our community/city has seen many changes. There are many stories that have tied together our progress and sequentially brought about what we have today. We have so many newcomers, and our sages are dwindling fast, so it was thought that such a program would be of great interest.

What we have in mind is to request individuals who could/would step up to the mike and "tell a story" for a minute or two. To mention just a few, there comes to mind the history of our newspaper and Max Goodwin; the various locations of our Post Office and Frenchy Faucher.; the first big lemon and our first Miss Lemon Grove; Dr. Amorita Treganza; one of the oldest continuing business, Walters Jewelry, and owner Jerry Walter; the Sonka store and that families influence on Lemon Grove; the Miller's Dairy. Bill Wares Tonsorial Parlour; The Food Factory; and the early churches.

Another could be the early incorporation attempts that culminated in the fourth which was successful. There are still members of the those committees with tales to tell. Then, there is the first City Council and the birthing pains of the city; the Historical Society has had a checkered past with many homes, yet it persevered; the Atherton chapel and the old church property; the rodeos with the celebrities at St. John of the Cross grounds: and the Catholic presence in the community are all potential stories that need to be remembered.

In addition, what about the Lemon Grove Swimming Pool Association that failed to build a pool, but did provide the Washington Street Park for our town. The bringing of the trolley to East County; a failed Recreation District; a successful Fire Protection District; and the various Italian restaurants, Mexican eateries and watering holes such as Pals, Michaels and the Sunset Inn are all worth while, too.

The old TV leadin used to be "there are a million stories in New York City" could well be applied to Lemon Grove with a few less numbers.

Anyone who can add to this list, and who would like to participate, please contact me at P.O. Box BB, or City Hall at 3232 Main St. Lemon Grove 91945

\$35

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Save money and have your ad seen in all 6 of our papers by placing it in the Business & Services Directory. See Page 4

Cuyamaca Fitness Center has P.E. program for 'rest of us'

by Norrie West

"Our mission is to create a curriculum that will support life-long activity - including sports that you can play through the years," said Athletic Director Cathy Boyer, who runs the physical education program at Cuyamaca College.

She said the program is going famously, with 2,000 "visits" a week at the Physical Fitness and Sports Center, adding that there are 500 fulltime students and as many outsiders participating.

She said that the average age of the fitness participants is 40, which indicates the community is taking advantage of the college's offering.

The center is available to the general public. Call 670-1980 and ask for enrollment information. After seeing the class schedules, simply enroll by calling the college

The cost of the physical fitness class is nominal, just \$13 for the one-unit course per semester.

There are other classes in sports - badminton, basketball, volleyball, tennis and golf.

"We have this terrific sports complex, so we have versatility we need to offer much more than physical fitness. We will even have a cross country team again this year. Two years ago, out cross country team won the

onship," Boyer

Cuyamaca College will be 20 years old next year, and it is continuing to grow, she added, and that enrollment jumped to 6,000 this year, a 20percent increase from 1996

She noted that the school tests everyone who wants to take advantage of its modern center that are run by Donna Riley and John Yasuda so com-

The tests cover blood pressure, strength, flexibility, cardiovascular response and even body-fat analysis.

You don't have to be an athlete, but the tests are important for you and for us. You will be surprised when you get to our facility, it is one of the finest possible, and you will benefit from being there. We welcome you.' Boyer concluded.

She added that one participant stated,"This is a P.E. program for the rest of us."



Cathy Boyer (left), athletic director at Cuyamaca College, directs the school's broad-based physical education program. Below, full-time and part-time Cuyamaca students ride bikes in the college's outstanding Physical Fitness Center and Sports Complex which also has sports

Photos by Norrie West



Greetings, sports guys and gals

If you're like me, you've heard all you can stand about this Tiger Woods guy. And before you start screaming "Bigot!" let me make it clear that I would feel the same if he were bright orange with pink stripes. I'm just not a big fan of golf, unless, of course, I'm talking to our own Norrie West.

It's just that all of this hype is nauseating and overblown, as was the whole Jackie Robinson thing. Now I've got nothing against his breaking the color barrier and all, but having Bill Clinton latch onto his widow, and then Bud Selig's announcement of retiring his number (42) for perpetuity is absurd. Why not retire other great ballplayers' numbers, such as Ruth's #3, Musial's #6, and Mantle's #7, for example?

This whole thing of turning an athlete into some kind of deity is patently ridiculous. Seems like a really lame, politically-correct maneuver designed just to placate a specific race of people. Will the first Japanese, Korean, Puerto Rican, Dominican or Mexican Major Leaguer be so honored in the future? And what about Jim Thorpe, a Native American and, truly, one of the greatest athletes in this century? Why not give him his 1912 Olympic medals and records back, and retire the number he wore with the New York Giants? I'll bet no one else in the media has the guts to express this opinion, huh?

Okay, now that this rant is finished, on with the local sports. A few Grossmont College students are in the news this week; tennis players Julia Lyagina and Kyoka Maebara were named as Pacific Coast Conference Athletes of the Week, as they helped lead the Griffins to a perfect 16-0 record.

Another Grossmont pupil, Becky Kiesz, a star soccer player and graduate from Santana High School, has committed to attend United States International University next fall. Southwestern College pitcher and Monte Vista grad Anthony Bolden was also awarded the PCC Athlete of the Week honor for his 3hit, 5-2 victory over the Griffins' Marcus Giles (who had won 26 games in a row). Brian Hess, a junior golfer at Granite Hills High, has earned Union-Tribune Athlete of the Week kudos for his even par-36 against Valhalla, and a two-under-par 34 versus Monte Miguel. Way t' go, kid.

The San Diego Gulls are once again the Taylor Cup champions of the West Coast Hockey league, thanks to a four games to none triumph over the Anchorage Aces, culminating in a 5-3 win on the road. A celebration was held last night at the Sports Arena, and anyone who was anyone, was there." Forum congratulates the team, which we just began covering last season. Twofor-two in the title department. We must be doing something

right. (Get the hint, Chargers?!) What's with the West Hills cheerleaders lately? First we feature them in a story about KFMB's Hank Bauer and Kevin Kernan doing their sports show at Parkway Plaza in February, now they're on the front page of the U-T. Something about them being granted a waiver to abstain from certain physical education courses because cheerleading, in and of itself, is a sport. Seems fair to me, but hey, a note to photographer Don Kohlbauer: just take a regular picture, will ya?! Why all of the goofy, arty, abstract garbage?! It's a shame, because you could barely recognize his subject, Dana Burden.

The El Capitan Vaquero baseball squad, after dropping a few early games, have rolled to a 14-3 record, while the Grossmont Foothillers, led by Ryan Lehr, have complied a 14-2 mark, so far, and 10 of the top 30 batters in the county attend East Coun-

That's all for this week, but I need your input to keep this column going strong. If you have recreation news I can use, please call me at 390-7103, and we'll see that it's fit to print. Until then, have a great sports week.

Don't believe everything you read in the papers ... including this message!



91 teams to participate in third Santee AYSO soccer tournament

The Santee American Youth Soccer Organization (AYSO) will be hosting its third annual soccer tournament this weekend, with 91 teams participating on 20 fields.

The tournament will have players in Division I (under 19) through V (under 10) for both boys and girls.

There will also be a VIP (physically or mentally challenged) Division. Last year, the tournament was the first in the nation to have a VIP Division. Now, many other tournaments have this division. VIP games will be played at Woodglen Vista Park in Santee on both days.

Teams from San Diego County and throughout California, as well as those from Arizona, will be participating this year.

All proceeds from the tournament will be spent on AYSO field

Racquetball pro clinic set for La Mesa

For the first time in 20 years, racquetball professionals are coming to play and teach in this area.

Prior to a pro tournament set for next month in Escondido, former national champion Rubin Gonzales will be giving clinics on April 29 at La Mesa Racquetball, 4430 Palm Ave., La Mesa

He will be holding a kids clinic at 3 p.m. and one for adults at 5 p.m. that day. Cost is \$5 for the youngsters and \$10 for adults. Call 460-3500 for reservations.

All the proceeds from the two clinics will go to the clinic instructors.

maintenance and development.

The many AYSO volunteers have enabled Santee to produce this event. With an average of 20 play-

ers on each team, Santee businesses will possibly see more than 3,000 new faces during the weekend festivities.

Santee AYSO officials, parents and players would like to express their appreciation to the many companies that placed ads in the tournament

program and donated items for the event.

Donations are still being accepted, according tournament officials, as many items are still needed.

The concession stands at the fields will be run by nonprofit organizations to help with their fund raising

For information, call Jamie Wirick, tournament director, at 562-5252, or Ruth Griel, VIP director, at 561-3994.



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